

WELLNESS POLICY



YellowBridge QLD recognises our ability to achieve our objectives successfully depends on the wellbeing of our staff, Board members and volunteers. We acknowledge that the key elements of workplace wellness include the physical and cultural environments as well as the policies, practices and procedures that guide our work.

YellowBridge QLD aims to support the health and wellbeing of all staff, Board members and volunteers. We will enhance our workplace wellness by:

- Establishing and supporting a workplace wellness committee
- Creating and supporting a workplace wellness program
- Consulting with staff, Board members and volunteers to ensure workplace wellness strategies meet the needs of the workforce
- Supporting staff, Board members and volunteer participation in wellness activities
- Supporting staff, Board members and volunteers to adopt and maintain healthy behaviours and reduce unhealthy behaviours.

YellowBridge QLD Wellness Committee representatives will do all they can to enhance the wellness of staff, Board members and volunteers by:

- Encouraging long-term commitment to workplace wellness
- Assessing workplace wellness needs
- Developing, implementing and evaluating wellness strategies in consultation with staff, Board members and volunteers

Staff, Board members and volunteers are encouraged to contribute ideas and participate in the wellness program.

Related Policies

- WH&S Policy
- HR Policy

Related Procedures

- Not applicable

Related Documents

- Wellness Strategy
- Terms of Reference for the Wellness Committee
- Statement of Commitment to Quality and Continual Improvement
- Certificate of Approval – AS/NZS ISO 9001-2008: Quality Management Requirements

Quality Framework References

- Standards 1 & 6 – Human Services Quality Framework
- Standard 1 – Community Care Common Standards
- Standards 4, 5 & 6 – National Regulatory Code Community Housing

ISO 9001:2008 Quality Management Standards References

- 4.1 – General Requirements
- 4.2 – Documentation Requirements
- 5 – Management Responsibility
- 5.4 – Planning
- 5.6 – Management Review
- 8 – Measurement, Analysis and Improvement

Policy Approval Authority

- YellowBridge QLD Ltd Board

Policy Custodian

- Chief Executive Officer